

Come Sail Away

Come Sail Away is an exceptional and affordable City of Saint Paul course for those with an urge to get out on the water; for those who want to stay safe while having fun.

Sailing is a challenging sport. To help ensure the safety of everyone onboard, a good sailor must have a healthy respect for Mother Nature, always being aware of changing wind and weather. It's called seamanship; and it's a message that comes through loud and clear in *Come Sail Away*.

Classes are designed to provide students with the knowledge and skills necessary for safe and enjoyable recreational sailing. Classes are taught by certified instructors emphasizing on-the-water experience.

Sailing Course Topics Include:

- Rigging
- Useful knots in sailing
- Sailing terminology
- Rules of the road for sailors
- Sailing rescues for students and others
- Sailing to all points of the wind



Class sizes are limited, so register early. For Sailing Registration, information and updates, please visit:
www.stpaul.gov/parks

**CITY OF SAINT PAUL
PARKS AND RECREATION**

Instructional Sailing Program

Basic Sailing

The cost of Basic Sailing includes all necessary equipment, life jackets and text books. Total course hours: 24.

Class 1	June 7- June 30	Mon/Wed	5:30-8:30 p.m.
Class 2	June 8 -July 1	Tu/Thur	5:30-8:30 p.m.
Class 3	July 7- Aug 2	Mon/Wed	5:30-8:30 p.m.
Class 4	July 8-Aug 3	Tu/Thur	5:30-8:30 p.m.
Class 5	Aug 2- Aug 25	Mon/Wed	5:30-8:30 p.m.

Class Limit: 12 students. **Cost:** \$125 per person (8 classes)

Location: Phalen Lakeside. **Age:** 14 years old through adult.

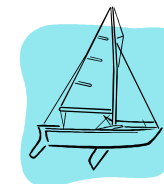


Intermediate Sailing

Class 6	Aug 3 and Aug 5	Tu/Thur	5:30-8:30 p.m.
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Class Limit: 6 students. **Cost:** \$55 per person (2 classes)

Location: Phalen Lakeside **Age:** 14 years old through adult.



Intro to Multi-hulls

Class 7	Aug 10 and Aug 12	Tu/Thur	5:30-8:30 p.m.
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Class Limit: 2 students. **Cost:** \$80 per person (2 classes) **Age:** 14 years old through adult.

Location: Area lake; more information will be sent out to registered students.

Phalen Lakeside Activities Center
1530 Phalen Drive
Saint Paul, Minnesota 55106
651-266-6406



Sailing Lessons Registrations Form:

Participant Name _____
E-mail Address _____
Address _____
City/State/Zip _____
Home Phone _____
Work Phone _____
Course Name _____
Course Dates _____

For Online Registration

Please check our website:

www.stpaul.gov/parks

☐ 14 or older

Charge to my: (please circle one)

Visa Mastercard Discover American Express

Credit Card # _____

Name on Card: _____

Expiration Date _____

Make checks payable to City of Saint Paul

Mail to:

Aquatics / Sailing

400 City Hall Annex

25 West 4th Street

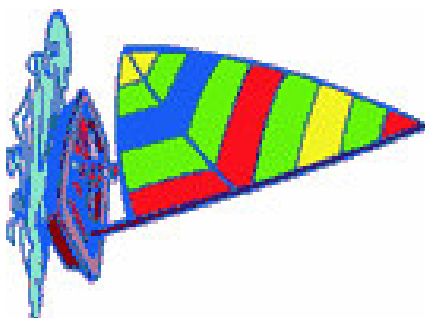
Saint Paul, Minnesota 55102



City of Saint Paul
Parks & Recreation
400 City Hall Annex
Saint Paul, Minnesota 55102

Christopher B. Coleman, Mayor

Come Sail Away



*Instructional
Sailing Program*

*Sailing Class Schedule
June-August 2010*



**City of Saint Paul
Parks and Recreation**
400 City Hall Annex
25 W. 4th Street
Saint Paul, Minnesota 55102

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